

GIVE KIDS THE WORLD WISH PILLOW DIRECTIONS (2016)

Our chapter has come up with the following production line as we are committed to 600 a month.

These are special pillows for our very special children. I hope sometime you will be able to see one of our children with their pillow and it will help you understand how very special this project is. PLEASE use new, very soft fabric – this is IMPORTANT for the children.

FABRIC

For the project you will be working with the <u>PILLOW FABRIC</u>, (cozy flannel – plain color; preferably not white or black) and the <u>pocket</u> (<u>novelty print which can be flannel or cotton</u>). If you are purchasing your own fabric, <u>please look for novelty prints suitable for both boys and girls</u>. Please do not select baby fabric or having any military prints.

Pillow:

<u>Cozy</u> Flannel is used for the PILLOW – <u>One (1) yard</u> of flannel will make <u>four (4) wish pillows</u>. Pocket:

Cotton, Cotton/Poly Blend, or flannel is used for the POCKET – One (1) yard of novelty print will make Twelve (12) Pockets for the wish Pillows.

Cutting:

A rotary cutter and board help to ensure accuracy and also speed up the process.

<u>Pillow</u>: Cut the plain pillow fabric into 36 inch lengths. Each yard makes 4 pillows <u>Pocket</u>: Cut the pocket fabric 12" selvage to selvage for 4 pockets

Hemming 1



<u>Pillow</u>: On the pillow fabric make a hem on <u>both raw ends</u> (do NOT sew selvages). Turn down fabric about $\frac{1}{4}$ " to $\frac{1}{2}$ " and then again another $\frac{1}{4}$ " to $\frac{1}{2}$ " taking up about an inch to one and a half inches. Accuracy is not critical.

<u>Pocket:</u> On the pocket material, hem <u>one raw end</u> only using the same measurement (again do NOT sew selvages). (Bottom if directional)

Pinning 1



Match the hemmed edge of pocket and pillow, right sides together. Pin

Hemming 2

Sew the pocket material strip to the pillow fabric <u>right side to right side</u> along the length that is not hemmed (as pinned in the Pinning 1 step above)

Pinning 2



Take the fabric back to the cutting board and fold the pocket material toward the center (wrong side of pocket material to right side of pillow material). Lay a ruler at the pocket where it is sewn and measure 15 inches. Fold the pillow fabric over the ruler with the fabric right sides together. Then fold the other end on top of the end you just folded at the pocket where it is sewn. Place 4 pins to hold for next step



Cutting



Now cut the flannel lengthwise into 4 pieces approximately 10-1/2 to 11 inches wide (no smaller than 10 ½". Flannel comes in different widths so just divide the flannel into fourths and do not worry about the selvage; they will be sewn or serged over. Tip-pre-measure to be sure wide enough for 4 before cutting. Have run into some issues with wide selvage with printing....particularly the pocket fabric

Serging/Finishing



Make sure the pocket in the <u>front and opening in the back are opposite</u>. The overlap in the back must be at least two (2") inches. <u>Little hands go in each opening to hold the pillow tight</u>.

Use your serger to finish the side seams <u>OR</u> use a straight stitch and then zig zag the seams. Clip corners and turn pillow to right side.

Turn Right Side Out



The <u>finished size</u> of the pillow and pocket will be (depending on your hem widths of 1/4" to 1/2" as well as the width of the flannel) as follows:

<u>Pillow</u>: 9-3/4" to 10" wide X 15" long <u>Pocket</u>: 9-3/4" to 10" wide X 11-1/2" long

Now take your right hand and reach up over your shoulder and give yourself a pat on the back......

Titusville Space Coast Chapter Of the American Sewing Guild